

FREE CHILDBIRTH PREPARATION & BREASTFEEDING CLASSES

Join our maternity care team for a FREE four week childbirth preparation class and/or a one night breastfeeding class that will help you get ready for the physical, emotional and lifestyle changes that come with having a baby. Classes are open to the community.

2026 Class Schedule

January 8	Childbirth class	6:30 p.m.
February 5	Breastfeeding class	6:30 p.m.
March 5	Childbirth class	6:30 p.m.
April 2	Breastfeeding class	6:30 p.m.
May 7	Childbirth class	6:30 p.m.
June 4	Breastfeeding class	6:30 p.m.
July 2	Childbirth class	6:30 p.m.
July 30	Breastfeeding class	6:30 p.m.
September 3	Childbirth class	6:30 p.m.
October 1	Breastfeeding class	6:30 p.m.
November 5	Childbirth class	6:30 p.m.
December 10	Breastfeeding class	6:30 p.m.



Ashley Regional
WOMEN'S CENTER

Learn more at AshleyRegional.com/events



**Scan the QR code
to register**

To learn more or to R.S.V.P you
can call the OB Department at
435.781.6833