

**Thursday, April 4**

- Breastfeeding Class - 6:30pm

**Friday, April 19**

- Foot & Ankle Pain Lunch & Learn - 12:00pm
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**Breastfeeding Class**

**Time:** 6:30pm

Join our certified lactation experts for a free one night class that provides information about the breastfeeding process, how to store milk and more. Open to anyone in the community.

**Foot & Ankle Pain Lunch & Learn**

**Time:** 12:00pm

Join Stephen Rockhill, DPM for this informational and interactive session. Dr. Rockhill is a specialist in foot and ankle care, and will talk through

- total ankle replacement
- minimally invasive surgery
- ankle instability
- bunions
- ankle ligament repair
- flatfoot and cavus foot corrections
- and more!

Register below to save your seat!

All attendees must be 16 years of age or older. Anyone under 18 must be accompanied by a parent or guardian.

Lunch is provided.